



## Harrison Landing

July 9, 2020

Hello to all of our lovely residents and families, we know you have been waiting for this update!

We are happy to report that we are able to move forward, and lighten some of our current restrictions 😊 Of course, this will need to happen in a way that is safe for everyone.

The first change will be that the Dining Room will be open for breakfast service beginning next week (starting Monday, July 13<sup>th</sup>). We encourage you to come down for a continental style breakfast, the dining room will be open from 7:30am-9am. This is the first phase in our transition back to dining room service... we will be fully re-opening the Dining Room for all meals as of Monday, July 27<sup>th</sup>! And there will be soup! We know how excited you all must be to get back to the dining room – please be patient as we make the necessary transitions to fully re-open. We are still required to ensure proper distancing, and in order to do this we will be making a few changes to the dining routine. There will only be two residents per table, and we will now have two separate seatings. We will also need to have assigned seating for the time being. This is to ensure that we can properly sanitize between seatings, and that we are able to know who was sitting with whom in the unlikely event that someone were to become ill. We will be providing more details about this as we get closer to July 27<sup>th</sup>. In the meantime, if you have any questions or concerns about the plan please do not hesitate to contact Erinn. You can always leave a note on my desk, leave me a voicemail, or email [nurse@harrisonlanding.com](mailto:nurse@harrisonlanding.com)

This also means that we will be phasing out breakfast delivery – so please let us know if that will be an issue for you. We would like to encourage residents to get out of their rooms and come down for breakfast, as it is good for your mobility, and a social activity. If you will not be coming down, please let us know if you require breakfast items for your suite, or let a family member know if you need any supplies. And again, please contact a staff member if you have any questions or concerns about this transition. We want to make this work well for everyone!

2pm Snack time will also go back to usual, and beginning Monday July 13<sup>th</sup> it will be set up down in the bar lounge. This means we will not be delivering snacks at 2pm – please contact us if this will be a problem for you. Same as above, please let staff or family know if you require self-serve snack items for your suite.

Another change is that we will be increasing our Courtyard visiting days and times. We will now offer visits Mondays, Tuesdays, Wednesdays, Fridays and Saturdays, from 10am-4pm. Visits will be scheduled on the hour, and can be up to 45 minutes long. Please contact reception at 604-530-7075 between 9am and 12pm, and 1pm to 5pm any day to schedule your appointment. You can also email reception at [reception@harrisonlanding.com](mailto:reception@harrisonlanding.com)

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If any of those days or times do not work for you, you may request an alternate time and we will do our best to accommodate you. For those of you that are able to visit during the week, if possible please leave the Saturday appointments for those that can only come on the weekend. For safety reasons we are strongly encouraging outdoor visiting, as it is absolutely the safest way to visit during COVID. If there are extenuating circumstances where an outdoor visit just isn't possible, please contact reception or management to discuss alternatives. Also, we are going to now ask that even for outdoor visits, visitors please wear a mask or facial covering. This is a requirement by Fraser Health. Also, all deliveries must still be passed via staff, there is to be no passing of items or gifts during visits. And please, DO NOT visit if you have ANY signs or symptoms of any illness. Thank you so much for your cooperation, as it makes it possible for us to continue and expand our visiting times.

We are also very excited to announce that we are going to be offering a new walking club, for those capable of going for a short walk outside. These will be guided walks within our neighborhood, and at this time will **not** include any stopping at stores. We will all wear a mask, and keep to our own small group. This will be a great way to get some exercise, and alleviate some of the negative feelings associated with being "locked up". We want you to know that we truly care about those feelings, and we are trying to bring back some normalcy. We are taking cautious baby steps to start with, but they are steps in the right direction 😊

One final note, about quarantine... we want to ensure that our residents are getting the appropriate medical appointments and health services they require. Please do not avoid going to appointments because of quarantine! We have reduced the length of quarantine to 7 days, and after that you can come out of your suite as long as you wear a mask at all times (meals would still be delivered to your suite). We regret that we need to quarantine you at all, but it is an essential preventative measure as the pandemic still continues. It is still the strong recommendation of Fraser Health and the province that you attend appointments only, and follow precautions when you are out. It is not advisable to go to shops and restaurants while you are out, and doing so may require us to still quarantine you for 14 days, to protect the health of the Harrison Landing community. Communal living does require extra precautions to be taken, and we hope you understand that we do so in order to protect all of you.

The Staff and Management are excited to be moving into this new phase of easing of restrictions. We are very excited to see you all back in the dining room soon! Thank you again for all of your cooperation and understanding during these unprecedented times. We are still "All in this together". So now, let's move forward and stay positive 😊

Sincerely,

Staff and Management,  
Harrison Landing

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