February 2019

Harrison Landing Activity Calendar

See newsletter for details

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Exercise Made Easy 10:30 **Your Voice Matters** 1:30 Crib 3:00 Armchair Yoga 7:00 Bingo	**2** 2:00 Movie Matinee
3 2:00 Movie Matinee 3:00 Therapeutic Colouring 3:30 **Super Bowl**	**4** 10:00 Exercise Made Easy 1:00 Trivia Challenge 2:00 Dominoes 6:30 Frustration (Cards)	**5 Chinese New Year** 10:00 **Busy Hands** 3:00 **Happy Hour** **Doug Hawksworth** 7:00 Bingo	**6 Foot Care Nurse** 10:00 Exercise Made Easy 2:00 **Worship Service** 6:30 Spite & Malice	**7** 9:00 **Hearing Clinic** 10:00 Sit & Stitch 10:00 **Karen's Creations** 2:00 **Langley Hospital Presentation** 6:30 Kings in the Corner	**8** 10:00 Exercise Made Easy 1:30 Crib 3:00 Armchair Yoga 7:00 Bingo	**9** 2:00 Movie Matinee 7:00 Sing-a-long
10 1:15 **Half Life Play at Langley Playhouse** 2:00 Movie Matinee 3:00 Therapeutic Colouring	**11** 10:00 Exercise Made Easy 1:00 Trivia Challenge 2:00 Dominoes 6:30 Frustration (Cards)	**12 Karly's Day Spa** 10:00 **Poems & Short Stories** 11:15 **Lunch Outing Langley Dragon** 3:00 Happy Hour Sing-a-long 7:00 Bingo	**13 Foot Care Nurse** 10:00 Exercise Made Easy 1:15 **Scenic Drive** 6:30 Spite & Malice	**14 Valentine's Day** 10:00 Sit & Stitch 2:00 **Ted Talks** 7:00 **Valentine's Pub Night** **Peter Montgomery**	**15** 10:00 Exercise Made Easy 1:15 **Shopping Shuttle Semaihmoo Mall** 1:30 Crib 3:00 Armchair Yoga 7:00 Bingo	**16** 2:00 Movie Matinee 7:00 Sing-a-long
17 2:00 Movie Matinee 3:00 Therapeutic Colouring	**18 Family Day** 10:00 Exercise By Video 2:00 Dominoes 6:30 Frustration (Cards)	**19** 11:00 **Busy Hands** 3:00 Happy Hour Sing-a-long 7:00 Bingo	**20** 10:00 Exercise Made Easy 10:45 **Worship Service** 2:00 **Eldersong Bingo** 6:30 Spite & Malice	**21** 10:00 Sit & Stitch 2:00 **February Social Cypress Creek** 7:00 **Shirley & Ed's Travels**	**22** 10:00 Exercise Made Easy 1:30 Crib 3:00 Armchair Yoga 7:00 Bingo	**23** 2:00 Movie Matinee 7:00 Sing-a-long
24 2:00 Movie Matinee 3:00 Therapeutic Colouring	**25** 10:00 Exercise Made Easy 1:00 Trivia Challenge 2:00 Dominoes 6:30 Frustration (Cards)	**26** 10:00 **Indoor Curling** 3:00 Happy Hour Sing-a-long 7:00 Bingo	**27 Pink Shirt Day** 10:00 Exercise Made Easy 2:00 **Indoor Golfing** 6:30 Spite & Malice	**28** 10:00 Sit & Stitch 2:00 **Treasures in My Attic** 6:30 Kings in the Corner		

S	M	T	W	T	F	S
March 2019					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						